

The Suffering Servant – Psalm 22
Notes, Family Worship, Bible Reading

Notes from the Sermon

David's life seemed filled with the range of human emotions—a common shepherd boy with great confidence in God's faithfulness who honored authorities, fled for his life. He also fell into grave sin, and his family suffered as a result. But through it all David turned to God and trusted Him. This reliance on God and continual pursuit of relationship with God is part of what makes David a man after God's own heart.

In this psalm we read that David is suffering spiritually, personally, and physically because of his unrighteousness. David had failed and need to be washed white as snow. In this moment on intense grief and crying out to the Lord the spirit speaks through him. David in his description of his suffering describes the cross 450 years before it was even invented! Like in the sermon with David and Goliath, Jesus is still the true and better David. Jesus the perfect and righteous suffered spiritually, personally, and physically because of our unrighteousness. Through his sacrifice and taking the wrath we deserve as our substitute, made a way for me to be made right with God.

Psalm 22 is not just about David – it is prefiguring Jesus on the cross, who on our behalf, endures the wrath of God for our sins. Yet, just as the Psalm says, God did not abandon Him; three days later, Jesus rose from the dead as proof that His sacrifice was true and good, and that the Father found what He had done and was well pleased. Jesus didn't need the forgiveness found in Psalm 51 – but He is the one who offers it to any who will cry out to Him. The Serpent would have us believe that Jesus was only a good teacher, or a capable Prophet, but not the Messiah who was predicted and spoken of by David; Jesus crushes the Serpent by proving definitively that He is the Messiah, the long-awaited Son of Man who gave His life for His people.

Bible Reading for the Week

Daily Bible Readings

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
Ezekiel 13	Ezekiel 14	Ezekiel 15	Ezekiel 16	Ezekiel 17	Ezekiel 18	Ezekiel 19

Reading from this past week's sermon: Hosea 1-3

Reading in preparation for this coming Sunday: Leviticus 16; Hebrews 9:11-14

Family Worship

Song – *Christus Victor*

<https://youtu.be/KF5knxzkCVw?si=ibFC6tl8wxHo9Qj9>

Gospel Project

Unit: Jesus the Teacher

Story: The Sermon on the Mount

Big Picture Question: What did Jesus teach when He was on earth?

Answer: Jesus taught about God and His Kingdom. He taught that all Scripture is about Him.

Scripture: Matthew 5-7

New City Catechism

Question 29: How can we be saved?

Answer: Only by faith in Jesus Christ and in his substitutionary atoning death on the cross.

Verse: Ephesians 2:8-9

Psalm 22 – Reflection Questions:

*Have you ever felt abandoned by God or by others? What can we learn from Psalm 22 about how to reconnect with God and with others?

*How does this Psalm help you to understand the role of prayer in times of crisis?

*Is Psalm 22 about David or Jesus or both? Explain your answer.

*Looking forward to the cross, why does Jesus cry out “My God, my God, why have you forsaken me”, quoting from Psalm 22?

*Why does David in Psalm 22 turn to mission, telling others about his God, as a response to suffering and God’s rescue of him? What should our suffering and rescue by Jesus also cause us to do?

*What rhythms and habits of life can we put in place so that we, like David, praise God in the midst of trouble?

Prayer

*Pray that you would continue to grasp for God even when he seems far away; pray that He will be near to you even when life seems to be bleak and without hope

*Pray that God will allow you to truly understand and appreciate God’s glory as He suffered for You, to save you and to redeem you.

*Pray for the Shaw’s Garden neighborhood in Eureka, our people who live there, and for God’s mission in the city.