



# Pray For The Lou | Prayer Walk Training

## Prayer Walking In The Bible

- Abraham - \_\_\_\_\_
- Joshua - \_\_\_\_\_
- Jesus - \_\_\_\_\_

## Definition of Prayer Walking

- Praying on-site with insight
  - 3 Types of Insight
    - Responsive
    - Researched
    - Revealed
- Preparation For Prayer Walking
  - Refresh Yourself In God
    - Prepare your heart
    - Gather your mind
    - Seek God for guidance
- Refresh Relationships With Each Other
  - Receive & Forgive each other
  - Approach God as you come before and not against
  - Pray Together 10-15 minutes before prayer walking

## Practice Of Prayer Walking (see back of map)

- What do we pray?
  - Pray for discernment
  - Pray for blessing
  - Pray with empathy
  - Pray from scripture
  - Pray in God's power

## Practicals Of Prayer Walking

- How do we pray?
  - Open your eyes
  - Open your mouth
  - Pray together
  - Pray with Scripture
  - Pray with relevance

## Post Prayer Walking

- How do we process the prayer walk?
  - Stories of answered prayers without expecting all to have one.
  - What can we do better next time?
  - Did anything happen other ministries need to know of?
  - Was there any theme that came out while praying?



# PRAYER WALKING GUIDE

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## What & How Do We Pray?

- **Pray for discernment**
  - Seek the gift of seeing the community through the eyes of Jesus and to discern what God is already doing there; ask God to show you how you can pray with greater insight for the people, events, and places in the community.
- **Pray for blessing**
  - Pray over every person, home, school and business you encounter; for God's intervention in each life, so that each one can be fruitful in God's kingdom; for God's will to be done in this community "as it is in heaven" (Matt. 6:10).
- **Pray with empathy**
  - See and feel what residents live with every day; offer intercession for those things that express brokenness and and give thanks to God for the blessings and gifts that exist in the community. For example if you feel depression pray for the joy of the Lord.
- **Pray from Scripture**
  - Prayers based directly on God's word are especially powerful.
- **Pray in God's power**
  - allow times of silence for God's spirit to speak to you, or through you (Romans 8:26). Ask with confidence in the power of Jesus' name (John 14:12-14). Like the disciples sent out by Christ, we are empowered to push back the darkness. (Luke 10:17-18).

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**O KING OF HEAVEN, HAVE MERCY ON OUR CITY. REVIVE YOUR CHURCH; SEND THE HOLY GHOST FOR THE SAKE OF THE LOST, THE LEAST AND THE BROKEN. MAY YOUR KINGDOM COME TO ST. LOUIS. IN JESUS MIGHTY NAME, AMEN -Caleb Prayer For St. Louis**

(all groups will pray at assigned time)